

EPISODE 4

RED THREAD

Jesus Christ's Cup

THE BLOOD OF REDEMPTION

This is the blood that SAVES.

After three episodes of destructive blood, we finally see redemptive blood.

ESAU'S STEW

Compromise

BABYLON'S CUP

Corruption

JESUS CHRIST

Covenant

ONE TRUE LIGHT MINISTRIES

Calling believers to authentic faith

onetruelight.org

PERSONAL REFLECTION

Before You Begin

JESUS CHRIST'S QUESTION: "ARE YOU ABLE TO DRINK THE CUP?"

Matthew 26:39 - "My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will."

Before we begin, answer honestly:

Have you truly drunk from Jesus Christ's cup—trusting His blood alone for salvation—or have you been drinking from religious rituals, personal effort, or institutional membership?

Honest Assessment - Check where you are:

- I believe Jesus Christ's blood is sufficient, but I secretly think I need to add my works
- I trust church membership or religious performance more than Jesus Christ's sacrifice
- I'm not sure if I've ever truly placed my faith in Jesus Christ alone
- I have assurance of salvation through faith in Jesus Christ's blood alone
- I see evidence of the Holy Spirit's transformation in my life

Critical Question:

If you died today, on what basis would you expect to enter heaven? Write your honest answer:

If your answer includes anything besides "Jesus Christ's blood shed for me," you may never have truly drunk from His cup.

THE THREE BLOODS - WHICH HAVE YOU BEEN DRINKING?

After examining all three bloods in this series, now honestly identify where you've been placing your trust:

滴 ESAU'S BOWL (Compromise)

- I've traded spiritual birthright for temporary comfort or relief
- I compromise my faith when it costs too much to stay faithful
- I prioritize immediate needs over eternal inheritance

What compromise am I most tempted to make right now?

滴 BABYLON'S CUP (Corruption)

- I trust religious systems, rituals, or church membership for salvation
- I'm more concerned with looking spiritual than being transformed
- I've mixed Jesus Christ's blood with human traditions or works

What religious performance am I trusting instead of Jesus Christ alone?

† JESUS CHRIST'S CUP (Covenant)

- Jesus Christ's blood alone is my source of salvation—nothing added
- I trust His sacrifice, not my performance or religious affiliation
- The Holy Spirit bears witness that I am a child of God (Romans 8:16)
- I'm being transformed by the Spirit's power, not religious obligation

REFLECTION:

Which blood have you TRULY been drinking from? Be ruthlessly honest with yourself before God.

HEBREWS 9: THE PERFECT SACRIFICE

Read Hebrews 9:11-14 carefully, then work through this comparison:

OLD COVENANT

- Animal sacrifices (goats, bulls)
- Repeated constantly
- External cleansing only
- Temporary covering
- Shadow of the reality

NEW COVENANT

- Jesus Christ's blood
- Once for all (Hebrews 9:12)
- Internal transformation
- Eternal redemption
- The reality itself

Key Question from Hebrews 9:14:

How much more will the blood of Jesus Christ, who through the eternal Spirit offered himself without blemish to God, purify our conscience from dead works to serve the living God?

Personal Application:

What "dead works" am I trusting instead of Jesus Christ's living blood?

How does understanding "once for all" change how I view my salvation?

JOHN 19:30

"It is finished."

Not "it is started" or "it is almost done." FINISHED. Complete salvation accomplished.

Reflection Question:

Am I living like salvation is "finished" or am I trying to finish what Jesus Christ completed?

THE LAST SUPPER - THE CUP OF THE NEW COVENANT

MATTHEW 26:27-28

"And he took a cup, and when he had given thanks he gave it to them, saying, 'Drink of it, all of you, for this is my blood of the covenant, which is poured out for many for the forgiveness of sins.'"

LUKE 22:20

"This cup that is poured out for you is the new covenant in my blood."

The Cup Jesus Christ Drank - Gethsemane:

Jesus Christ knew the cup contained God's wrath against sin. Read these prayers carefully:

Matthew 26:39

"My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will."

Matthew 26:42

"My Father, if this cannot pass unless I drink it, your will be done."

Understanding the Exchange:

WE DESERVED:
God's Wrath



HE DESERVED:
God's Blessing

THE GREAT EXCHANGE

Jesus Christ drank the cup of wrath so we could drink the cup of blessing. He took what we deserved; we receive what He deserved.

Personal Reflection:

How does understanding what was IN the cup (God's wrath against MY sin) change how you view the cross?

Have you ever truly thanked Jesus Christ for drinking the cup you deserved?

JOHN 6 - WILL YOU ALSO GO AWAY?

JOHN 6:53-56

"So Jesus said to them, 'Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever feeds on my flesh and drinks my blood has eternal life... For my flesh is true food, and my blood is true drink.'"

Jesus Christ deliberately used offensive language. He wasn't trying to be unclear—He was testing their faith. This teaching was so hard that many disciples left.

JOHN 6:66

"After this many of his disciples turned back and no longer walked with him."

Three Responses to Jesus Christ's Hard Teaching:

ESAU'S RESPONSE: "Too Hard—I'll Find Something Easier"

When Jesus Christ's teaching demands too much, I compromise and look for an easier path.

This describes me sometimes

BABYLON'S RESPONSE: "I'll Mix It with Something More Palatable"

When Jesus Christ's teaching is offensive, I dilute it with human wisdom or religious tradition to make it more acceptable.

This describes me sometimes

PETER'S RESPONSE: "Where Else Would We Go?"

"Simon Peter answered him, 'Lord, to whom shall we go? You have the words of eternal life, and we have believed, and have come to know, that you are the Holy One of God.'" (John 6:67-69)

This is my heart's response

Personal Reflection:

When Jesus Christ's teaching is hard or costly, which response do I gravitate toward?

FIVE POWERS OF JESUS CHRIST'S BLOOD

Jesus Christ's blood doesn't just forgive—it transforms **EVERYTHING**. Examine each power and apply it personally:

1. CLEANSES

"The blood of Jesus his Son cleanses us from all sin" (1 John 1:7)

Personal Question:

What sin do I keep trying to cleanse myself from instead of trusting His blood?

2. REDEEMS

"In him we have redemption through his blood" (Ephesians 1:7)

Personal Question:

What area of my life am I treating as "unredeemable"?

3. GRANTS ACCESS

"We have confidence to enter the holy places by the blood of Jesus" (Hebrews 10:19)

Personal Question:

Do I approach God boldly through Jesus Christ's blood, or timidly through my performance?

4. SANCTIFIES

"Jesus also suffered... to sanctify the people through his own blood" (Hebrews 13:12)

Personal Question:

Am I trying to make myself holy, or trusting Jesus Christ's blood to sanctify me?

5. CONQUERS

"They have conquered him by the blood of the Lamb and by the word of their testimony" (Revelation 12:11)

Personal Question:

What spiritual battle am I trying to fight in my own strength instead of through Jesus Christ's blood?

Comprehensive Reflection:

Which of these five powers do I need to trust more fully right now?

THE TRINITY - UNIFIED WORK OF REDEMPTION

FATHER SENDS • SON SAVES • SPIRIT SUPPLIES

Three Persons working in perfect unity for your salvation

THE FATHER

- Plans salvation from eternity
- Sends the Son
- Accepts the sacrifice

"God so loved the world, that he gave his only Son" (John 3:16)

THE SON

- Offers Himself willingly
- Sheds His blood
- Accomplishes redemption

"Jesus Christ... loves us and has freed us from our sins by his blood" (Revelation 1:5)

THE SPIRIT

- Empowers the sacrifice
- Applies salvation
- Transforms believers

"Through the eternal Spirit offered himself" (Hebrews 9:14)

HEBREWS 9:14

"How much more will the blood of Jesus Christ, who through the eternal Spirit offered himself without blemish to God, purify our conscience from dead works to serve the living God."

Personal Application:

Do I thank the FATHER for planning my salvation?

Do I trust the SON's sacrifice as sufficient and complete?

Am I yielding to the SPIRIT's transforming power, or resisting it?

All three Persons of the Trinity worked together to save you. Your salvation is secure because it rests on the triune God, not your efforts.

JESUS CHRIST'S BLOOD & THE 3 Ps

Throughout this series, we've seen how the 3 Ps (POWER, POSITION, PROVISION) drive compromise and corruption. Jesus Christ's blood doesn't just forgive our misuse of the 3 Ps—it FULFILLS them rightly.

PROVISION

Jesus Christ IS our provision. He feeds us spiritually, sustains us eternally.

"I am the bread of life" (John 6:35)

POWER

Jesus Christ's blood gives us power over sin, death, and Satan.

"They conquered by the blood of the Lamb"
(Rev 12:11)

POSITION

Jesus Christ's blood grants us eternal position as children of God.

"To all who believed, he gave the right to become children of God" (John 1:12)

Personal Application:

Which of the 3 Ps am I still trying to secure through my own effort instead of receiving through Jesus Christ?

JESUS CHRIST'S BLOOD & THE PENDULUM

Breaking Free from the Pendulum

THE NARROW WAY:

Jesus Christ's blood takes you OFF the pendulum. Not salvation by works (legalism), not abuse of grace (license), but Spirit-led transformation through faith.

Reflection:

Which pendulum extreme am I swinging toward—legalism or license?

CLEARING UP FALSE TEACHING

What Jesus Christ's Blood IS NOT:

NOT just a moral example to follow
NOT merely symbolic or metaphorical
NOT dependent on your works to be effective
NOT insufficient—needing to be supplemented
NOT applied through ritual alone apart from faith

Check any false beliefs you've held:

- I thought Jesus Christ's blood was just His good example for me to follow
- I treated His sacrifice as merely symbolic, not actual payment for sin
- I believed I needed to add my works to make His blood effective
- I thought religious rituals automatically applied His blood without faith

What Jesus Christ's Blood IS:

- ✓ Sufficient and complete - "It is finished" (John 19:30)
- ✓ The ONLY basis for forgiveness (Acts 4:12)
- ✓ Applied by faith alone (Romans 3:25)
- ✓ Effectual for ALL who believe (Romans 5:9)
- ✓ The foundation for new life (2 Corinthians 5:17)

THE GOSPEL IN ONE SENTENCE:

Jesus Christ's blood is the ONLY means of salvation, applied by FAITH alone, resulting in TRANSFORMATION. Nothing added (works), nothing mixed (Babylon), nothing traded (Esau)—just Jesus Christ's perfect sacrifice received by faith.

Personal Commitment:

Will you reject all false teaching and trust Jesus Christ's blood alone? Write your commitment:

DAMASCUS ROAD APPLICATION

This entire series has been building to this question: WHOSE BLOOD ARE YOU DRINKING?

Now that you've examined all three bloods—Esau's compromise, Babylon's corruption, and Jesus Christ's redemption—it's time for honest self-examination.

● STOP - Examine Your Faith

Critical Question:

Have I truly placed my faith in Jesus Christ's blood ALONE, or am I trusting in something else—my works, my church membership, my religious performance?

Honest Assessment:

If you died today, on what basis would you expect to enter heaven?

If your answer includes ANYTHING other than "Jesus Christ's blood shed for me," you haven't truly drunk from His cup.

2 CORINTHIANS 13:5

"Examine yourselves, to see whether you are in the faith. Test yourselves."

What this examination reveals:

- I realize I've been trusting religion, not redemption
- I've been mixing Jesus Christ's blood with my own works
- I need to place genuine faith in Jesus Christ for the first time
- I have assurance—I'm trusting Jesus Christ's blood alone

• LOOK - Recognize the Difference

Can you distinguish between religion and redemption?

Between superficial Christianity and authentic faith?

Signs of Authentic Faith:

- You trust Jesus Christ's blood ALONE, not Jesus Christ + your efforts
- The Holy Spirit is transforming you—you hear His inner witness and see His fruit
- You have assurance of salvation through the Spirit's witness (Romans 8:16)
- You love Jesus Christ more than comfort, position, or cultural acceptance
- You're willing to drink from His cup even when it costs everything

MATTHEW 7:16

"You will recognize them by their fruits."

Personal Inventory:

What fruit of the Spirit is growing in my life as evidence of genuine faith?

What areas show I'm still trusting performance over Jesus Christ's blood?

Am I willing to be honest about where I actually am spiritually, or am I hiding behind religious appearances?

True faith in Jesus Christ's blood produces transformation. If there's no change, there may be no genuine faith.

LISTEN - Hear the Spirit's Summons

Is the Holy Spirit convicting you right now?

That you need genuine salvation, not just religious affiliation?

If the Spirit is summoning you—if you realize you've been drinking from Esau's bowl or Babylon's cup but never truly Jesus Christ's blood—RESPOND.

Cry out to God for genuine salvation.

THE GOSPEL:

- You are a sinner, deserving God's wrath (Romans 3:23, 6:23)
- Jesus Christ died in your place, bearing that wrath (2 Corinthians 5:21)
- His blood alone can cleanse you (1 John 1:7)
- Salvation is by grace through faith in Him (Ephesians 2:8-9)
- Repent and believe the gospel (Mark 1:15)

ROMANS 10:13

"Everyone who calls on the name of the Lord will be saved."

Your Response:

What is the Holy Spirit saying to you right now?

If you're placing your faith in Jesus Christ's blood for the first time, or renewing genuine faith after years of religion, write a prayer to God expressing this:

If you prayed in genuine faith just now:

You have been saved by Jesus Christ's blood. Not because of this prayer, but because of His sacrifice received by faith. Welcome to the family of God.

LIVE - Walk in the New Covenant

If you've truly drunk from Jesus Christ's cup, is your life showing the transformation His blood produces?

Living Out the New Covenant Means:

- Walking by the Spirit, not flesh (Galatians 5:16)
- Refusing to compromise like Esau
- Coming out of Babylon's corrupt systems
- Living from gratitude for Jesus Christ's sacrifice, not religious obligation
- Bearing witness to the gospel boldly, even when costly

GALATIANS 2:20

"I have been crucified with Jesus Christ. It is no longer I who live, but Jesus Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me."

Practical Life Application:

What specific compromise (Esau's bowl) do I need to reject this week?

What corrupt religious system or tradition (Babylon's cup) do I need to come out of?

How will I live differently this week because Jesus Christ's blood has saved me?

Who needs to hear the gospel from me this week?

7-DAY ACTION PLAN - LIVING FROM THE CUP

This week, put into practice what Jesus Christ's blood has accomplished. Each day, complete one action that flows from redemption, not religion.

DAY 1: GRATITUDE FOR THE CUP

Spend 15 minutes thanking Jesus Christ for drinking the cup of wrath in your place.

DAY 2: CONFESS FALSE TRUST

Identify one area where you've been trusting your performance instead of Jesus Christ's blood:

DAY 3: BOLDNESS IN ACCESS

Approach God boldly through Jesus Christ's blood (Hebrews 10:19). What did you bring to the Father?

DAY 4: SHARE THE GOSPEL

Tell someone about Jesus Christ's blood. Who did you share with and what was their response?

DAY 5: REJECT COMPROMISE

Where were you tempted to compromise (Esau's bowl) today, and how did you resist?

DAY 6: COME OUT OF BABYLON

What religious tradition did you walk away from because it competed with Jesus Christ?

DAY 7: LIVE THE TRANSFORMATION

What evidence of the Holy Spirit's transformation did you see in your life this week?

MY COMMITMENT - DRINKING FROM JESUS CHRIST'S CUP

After examining all three bloods—Esau's compromise, Babylon's corruption, and Jesus Christ's redemption—I am making a commitment before God.

MY COVENANT DECLARATION

I, _____, declare before God and with the help of the Holy Spirit:

- I reject Esau's bowl—I will not trade my spiritual birthright for temporary comfort
- I reject Babylon's cup—I will not mix Jesus Christ's blood with human tradition or religious performance
- I embrace Jesus Christ's cup—I trust His blood ALONE for my salvation, nothing added, nothing mixed, nothing traded
- I commit to living out the transformation His blood produces, walking by the Spirit, not the flesh

Signature: _____

Date: _____

REVELATION 12:11

"And they have conquered him by the blood of the Lamb and by the word of their testimony, for they loved not their lives even unto death."

May you drink deeply from Jesus Christ's cup and live transformed by His blood.

WHAT'S NEXT?

Continue your journey at onetruelight.org

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