

EPISODE 1

RED THREAD

**The Question That Changes
Everything**

WHAT BLOOD ARE YOU DRINKING?

*This workbook is your Damascus Road journey.
Be honest. Be thorough. Let the Spirit do His work.*

ESAU'S STEW

Compromise

BABYLON'S CUP

Corruption

JESUS CHRIST

Covenant

ONE TRUE LIGHT MINISTRIES

Calling believers to authentic faith

onetrulight.org

PERSONAL REFLECTION

Before You Begin

PERSONAL REFLECTION: "WHAT AM I DRINKING?"

Before we begin, answer honestly:

What truly sustains your faith right now?

Fill in the blank:

- When I'm stressed, I turn to: _____
- When I need comfort, I seek: _____
- When I make decisions, I prioritize: _____
- The voice I listen to most is: _____

Honest Assessment - Rate yourself (1-10):

- How satisfied am I with my spiritual life? _____
- How dependent am I on Jesus Christ alone? _____
- How much do I rely on systems/institutions? _____

THE THREE BLOODS - IDENTIFICATION

Which blood(s) have you been drinking? (Check all that apply)

歃血 (Esau's Stew) (Compromise)

- I trade long-term calling for short-term comfort
- I say "I'm about to die" when I'm just uncomfortable
- I prioritize physical needs over spiritual inheritance
- I've made choices I deeply regret but can't undo

My "red stew" (what I'm trading my birthright for):

歃血 (Babylon's Cup) (Corruption)

- I trust religious systems more than personal relationship with Jesus Christ
- I seek position/status in Christian circles
- I'm more concerned with looking spiritual than being transformed
- I'm trapped in a camp/tribe that fights other Christians

My "Babylon" (what corrupted system I'm drinking from):

† JESUS CHRIST'S COVENANT (Life)

- Jesus Christ alone is my source of life
- I'm daily dependent on Him, not just believing facts about Him
- I abide in Jesus Christ and He in me (John 15:4-5)

THE 3 Ps - PERSONAL INVENTORY

These three desires drive humanity's rebellion against God: POWER, POSITION, PROVISION

POWER

Control, dominate, authority

POSITION

Status, reputation, standing

PROVISION

Security, comfort, wealth

Where are the 3 Ps showing up in YOUR life?

POWER

What am I trying to control instead of surrendering to God?

POSITION

Where am I seeking status, reputation, or approval?

PROVISION

What material security am I chasing instead of trusting God?

REFLECTION QUESTION:

Which of the 3 Ps has the strongest grip on you right now? Why?

THE PENDULUM EFFECT - WHERE AM I SWINGING?

The enemy keeps believers swinging between false extremes



Both extremes are Babylon. Jesus is the narrow way.

Identify YOUR pendulum:

The enemy keeps me swinging between:

_____ (extreme 1) ←→ _____ (extreme 2)

Examples of pendulums I've been trapped on:

- Legalism ←→ License
- Works-based salvation ←→ Cheap grace
- Cessationism ←→ Charismatic excess
- Political tribalism (left ←→ right)
- Doctrinal camps fighting each other
- Other: _____

JESUS CHRIST IS NOT ON THE PENDULUM.

He is the narrow way that transcends both false extremes.

REFLECTION QUESTION:

How has pendulum swinging kept you from authentic faith in Jesus Christ?

THE TRINITY'S WORK - UNDERSTANDING

THREE PERSONS • ONE GOD • ONE UNIFIED MISSION

The Father planned it. The Son purchased it. The Spirit supplies it.

THE FATHER (Sender)

Planned, loved, drew, sent the Son

THE SON (Savior)

Obeyed, died, rose, purchased salvation

THE SPIRIT (Supplier)

Summons, seals, sanctifies, supplies

Fill in what each Person does:

THE FATHER (The Sender)

What did the Father do for my salvation?

Key Scripture to memorize: John 3:16

THE SON (The Savior)

What did Jesus Christ accomplish on the cross?

Key Scripture to memorize: John 19:30 ("It is finished")

THE HOLY SPIRIT (The Supplier)

What does the Spirit supply to me daily?

Key Scripture to memorize: Philippians 1:19

REFLECTION:

How does understanding the Trinity's unified work change your view of salvation?

THE THREE S's - SPIRIT'S WORK IN MY LIFE

SUMMONING • SALVATION • SANCTIFICATION

The Spirit's three-fold work in every believer

1. SUMMONING (Before Salvation)

When/how did the Spirit first call you to Jesus Christ?

Or if not yet saved: Are you sensing the Spirit's summoning right now? What is He showing you?

2. SALVATION (At Salvation - Regeneration + Sealing)

Describe your salvation moment (born again + sealed):

Key Truth: You were regenerated AND sealed at the same moment by the Spirit. New birth and eternal security happened together.

3. SANCTIFICATION (After Salvation - Ongoing)

How is the Spirit transforming you NOW?

What do I need the Spirit to supply TODAY?

- Guidance into truth
- Power to resist temptation
- Fruit of the Spirit
- Understanding of Scripture
- Help in my weakness
- Other: _____

YOUR DAMASCUS ROAD MOMENT

Paul's scales fell when he encountered Jesus.

What "scales" need to fall from YOUR eyes?

What have I been blind to?

- My compromise (Esau's stew)
- My trust in corrupted systems (Babylon's cup)
- My pendulum swinging instead of walking with Jesus Christ
- My dependence on the 3 Ps instead of God
- My neglect of the Holy Spirit's work
- Other: _____

The Spirit is SUMMONING me to see:

THE LIGHT IS SHINING. THE SCALES ARE READY TO FALL.

This is your Damascus Road moment.

My Damascus Road response:

What am I committing to do differently starting TODAY?

DAILY QUESTIONS - WEEK 1 PRACTICE

Answer these **FOUR** questions every day this week:

DAY 1 - Date: _____

1. What am I drinking today? _____
2. Where am I compromising? _____
3. What systems am I trusting? _____
4. Am I abiding in Jesus Christ alone? _____

DAY 2 - Date: _____

1. What am I drinking today? _____
2. Where am I compromising? _____
3. What systems am I trusting? _____
4. Am I abiding in Jesus Christ alone? _____

DAY 3 - Date: _____

1. What am I drinking today? _____
2. Where am I compromising? _____
3. What systems am I trusting? _____
4. Am I abiding in Jesus Christ alone? _____

DAY 4 - Date: _____

1. What am I drinking today? _____
2. Where am I compromising? _____
3. What systems am I trusting? _____
4. Am I abiding in Jesus Christ alone? _____

DAY 5 - Date: _____

1. What am I drinking today? _____
2. Where am I compromising? _____
3. What systems am I trusting? _____
4. Am I abiding in Jesus Christ alone? _____

SCRIPTURE MEMORY CARDS

Cut these out and carry them this week. Meditate on them daily.

JOHN 6:35

"Jesus said to them, 'I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.'"

1 CORINTHIANS 2:14

"The person without the Spirit does not accept the things that come from the Spirit of God but considers them foolishness, and cannot understand them because they are discerned spiritually."

2 CORINTHIANS 13:14

"The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all."

HEBREWS 12:2

"Looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God."

GALATIANS 5:16

"But I say, walk by the Spirit, and you will not gratify the desires of the flesh."

EPHESIANS 1:13-14

"In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit, who is the guarantee of our inheritance."

MY DAMASCUS ROAD COMMITMENT

TODAY I CHOOSE CHRIST'S CUP ALONE

Today's Date: _____

I ACKNOWLEDGE:

- I have been drinking from the wrong cups
- The Spirit is summoning me to Jesus Christ
- Jesus Christ alone is the Bread of Life
- I need the Father's love, the Son's blood, and the Spirit's supply

I COMMIT TO:

- Stop drinking from Esau's cup (compromise)
- Come out of Babylon's system (corruption)
- Drink from Jesus Christ's cup alone (covenant)
- Answer the four daily questions this week
- Walk by the Spirit, not by the flesh
- Look unto Jesus, the author and finisher of faith

MY SPECIFIC COMMITMENT:

Accountability partner: _____

Signature: _____ Date: _____

"Looking unto Jesus, the author and finisher of our faith"

- Hebrews 12:2

EPISODE 2

RED THREAD

Esau's Bowl

THE BLOOD OF COMPROMISE

*This workbook is your Damascus Road journey.
Be honest. Be thorough. Let the Spirit do His work.*

ESAU'S STEW

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PERSONAL REFLECTION

Before You Begin

ESAU'S MOMENT: "I AM ABOUT TO DIE"

Genesis 25:32 - "Esau said, 'I am about to die; of what use is a birthright to me?'"

Before we begin, answer honestly:

When have you felt "I'm about to die" over something that wasn't actually life-threatening?

Fill in the blank - My compromise triggers:

- When I'm exhausted, I'm tempted to trade: _____
- When I'm hungry (literally or spiritually), I reach for: _____
- When I'm under pressure, I compromise on: _____
- The "birthright" I've been trading away is: _____

Honest Assessment - Rate yourself (1-10):

- How often do I choose immediate relief over eternal value? _____
- How much do I value my spiritual inheritance? _____
- How quickly do I make decisions I later regret? _____

THE THREE BLOODS - WHERE'S MY COMPROMISE?

Which blood(s) have you been drinking? (Check all that apply)

💧 ESAU'S STEW (Compromise)

- I trade spiritual birthright for temporary comfort
- I exaggerate my needs: "I'm about to die!" when I'm just uncomfortable
- I make quick decisions without counting the eternal cost
- I've sold something sacred for something trivial
- I have regrets that tears can't undo (Hebrews 12:17)

My specific "red stew" (what I'm trading my birthright for right now):

💧 BABYLON'S CUP (Corruption)

- I trust religious systems more than personal relationship with Jesus Christ
- I seek position/status in Christian circles
- I'm more concerned with looking spiritual than being transformed

† JESUS CHRIST'S COVENANT (Life)

- Jesus Christ alone is my source of life
- I value my spiritual inheritance more than temporary comfort
- I'm willing to wait for God's timing rather than grasp for immediate relief

THE 3 Ps - WHAT DROVE ESAU'S COMPROMISE?

These three desires drive humanity's rebellion against God: PROVISION, POWER, POSITION

PROVISION

Food, security, comfort

POWER

Control, authority, strength

POSITION

Status, birthright, inheritance

Esau's primary driver was PROVISION - he was hungry and thought he would die. But in seeking provision through compromise, he lost his power and position.

Where are the 3 Ps showing up in YOUR life?

PROVISION

What legitimate need am I trying to meet through illegitimate means (like Esau)?

POWER

Where am I feeling powerless and tempted to grasp for control?

POSITION

What birthright or calling am I willing to trade for temporary relief?

REFLECTION QUESTION:

Which of the 3 Ps is most active in your current temptation to compromise? How does it mirror Esau's story?

THE PENDULUM EFFECT - ESAU'S FALSE CHOICE

Esau's Pendulum: The False Extremes

DIE NOW ←→ **COMPROMISE NOW**

*Esau saw only two options: death or compromise.
He missed the narrow way: trusting God for provision.*

My pendulum in compromise:

When I'm facing a need, I swing between:

_____ (panic/grasping) ←→ _____ (what I think is the only option)

Examples of false pendulums that lead to compromise:

- "I'll starve" ←→ "I must have it NOW"
- "I can't survive" ←→ "I'll do whatever it takes"
- "God's not providing" ←→ "I'll provide for myself"
- "Faith isn't working" ←→ "Compromise will work"

The narrow way I'm missing (between the false extremes):

Remember: Both extremes are Esau's bowl. Jesus Christ is the narrow way of trusting the Father's provision while the Spirit strengthens you to wait.

THE TRINITY - REJECTED IN COMPROMISE

THREE PERSONS • ONE GOD • ONE UNIFIED MISSION

When we compromise like Esau, we reject the Trinity's provision

THE FATHER (Provider)

Plans provision, promises inheritance

THE SON (Sustainer)

True bread from heaven, satisfies completely

THE SPIRIT (Strengthener)

Supplies power to wait, resist compromise

When Esau compromised, he rejected the Trinity:

Rejected the Father: "God won't provide for me"

Rejected the Son: "My physical hunger matters more than spiritual inheritance"

Rejected the Spirit: "I don't have strength to wait - I must act NOW"

How do I reject the Trinity when I compromise?

THE FATHER

How am I doubting God's provision and promises?

THE SON

What am I treating as more valuable than Jesus Christ?

THE SPIRIT

Where am I refusing the Spirit's strength to wait and trust?

THE SPIRIT'S SUPPLY - STRENGTH TO NOT COMPROMISE

The Spirit supplies what Esau lacked: the strength to wait for God's provision

What does the Spirit supply to resist compromise?

- Patience:** Fruit of the Spirit to endure the wait (Galatians 5:22)
- Self-control:** Power to resist immediate gratification (Galatians 5:23)
- Wisdom:** Discernment to see the eternal cost (James 1:5)
- Faith:** Trust that God will provide (Hebrews 11:6)
- Strength:** Power in weakness to endure (Philippians 4:13)

Where do I need the Spirit's supply RIGHT NOW?

I'm tempted to compromise in this area:

The Spirit needs to supply me with:

The truth I need to believe instead of Esau's lie:

PHILIPPIANS 1:19

"For I know that through your prayers and the supply of the Spirit of Jesus Christ this will turn out for my deliverance."

YOUR DAMASCUS ROAD MOMENT

Like Paul's scales fell, your scales must fall about compromise.

What "scales" need to fall from YOUR eyes about compromise?

What have I been blind to?

- I've been believing Esau's lie: "I'm about to die"
- I've been exaggerating my needs and minimizing God's provision
- I've been trading eternal value for temporary comfort
- I've been refusing the Spirit's supply to wait
- I've been on the pendulum instead of the narrow way
- Other: _____

The Spirit is SUMMONING me to see:

THE LIGHT IS SHINING ON YOUR COMPROMISE.

This is your Damascus Road moment.

My Damascus Road response:

What compromise am I committing to STOP starting TODAY?

DAILY QUESTIONS - WEEK 2 PRACTICE

Answer these **FOUR** questions every day this week:

DAY 1 - Date: _____

1. Where am I feeling "I'm about to die" today? _____
2. What compromise am I tempted to make? _____
3. What is the Spirit supplying me to resist? _____
4. Am I trusting God's provision or grasping? _____

DAY 2 - Date: _____

1. Where am I feeling "I'm about to die" today? _____
2. What compromise am I tempted to make? _____
3. What is the Spirit supplying me to resist? _____
4. Am I trusting God's provision or grasping? _____

DAY 3 - Date: _____

1. Where am I feeling "I'm about to die" today? _____
2. What compromise am I tempted to make? _____
3. What is the Spirit supplying me to resist? _____
4. Am I trusting God's provision or grasping? _____

DAY 4 - Date: _____

1. Where am I feeling "I'm about to die" today? _____
2. What compromise am I tempted to make? _____
3. What is the Spirit supplying me to resist? _____
4. Am I trusting God's provision or grasping? _____

DAY 5 - Date: _____

1. Where am I feeling "I'm about to die" today? _____
2. What compromise am I tempted to make? _____
3. What is the Spirit supplying me to resist? _____
4. Am I trusting God's provision or grasping? _____

SCRIPTURE MEMORY CARDS

Cut these out and carry them this week. Meditate on them daily.

HEBREWS 12:16-17

"See that no one is sexually immoral or unholy like Esau, who sold his birthright for a single meal. For you know that afterward, when he desired to inherit the blessing, he was rejected, for he found no chance to repent, though he sought it with tears."

PHILIPPIANS 1:19

"For I know that through your prayers and the supply of the Spirit of Jesus Christ this will turn out for my deliverance."

GALATIANS 5:22-23

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law."

MATTHEW 6:25-26

"Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink... Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?"

JAMES 1:5

"If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him."

MATTHEW 7:13-14

"Enter by the narrow gate. For the gate is wide and the way is easy that leads to destruction, and those who enter by it are many. For the gate is narrow and the way is hard that leads to life, and those who find it are few."

MY DAMASCUS ROAD COMMITMENT

TODAY I REFUSE ESAU'S BOWL

Today's Date: _____

I ACKNOWLEDGE:

- I've been compromising like Esau
- I've been exaggerating my needs: "I'm about to die"
- I've been trading spiritual inheritance for temporary comfort
- I need the Spirit's supply to wait and trust God

I COMMIT TO:

- Stop drinking from Esau's bowl (compromise)
- Trust God's provision instead of grasping
- Value my spiritual inheritance above temporary relief
- Answer the four daily questions this week
- Wait on the Spirit's supply instead of acting in panic
- Walk the narrow way, not the pendulum

MY SPECIFIC COMMITMENT:

Accountability partner: _____

Signature: _____ Date: _____

"Do not be like Esau, who for a single meal sold his inheritance rights"

- Hebrews 12:16

EPISODE 3

RED THREAD

Babylon's Blood

—
THE SCARLET WOMAN

*From individual compromise to systematic corruption.
Are you drinking from Babylon's golden cup?*

ESAU

Compromise

BABYLON

Corruption

JESUS CHRIST

Covenant

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PERSONAL REFLECTION

Are You Drinking from Babylon's Cup?

BEFORE WE BEGIN

After Episode 2 (Esau), what did you learn about individual compromise?

Do you think you've been part of any corrupt religious systems? Be honest:

- Yes, I've been caught up in institutional Christianity that's more about power than the gospel
- Maybe - I'm not sure what counts as "Babylon"
- No, I'm in a healthy church focused on Jesus Christ and His Word
- I don't go to church at all

What questions do you have about Babylon and institutional corruption?

Rate yourself (1-10): How much do I trust religious institutions vs. Jesus Christ alone?

1 = Total institutional dependence | 5 = Balanced | 10 = Jesus Christ alone

My rating: _____

EXPECTATION FOR THIS STUDY:

This episode will challenge you to examine whether you're trusting in religious systems, institutional power, or Jesus Christ alone. Be prepared for the Holy Spirit to convict you about Babylon's influence in your life.

REVELATION 17:1-6 — THE SCARLET WOMAN

Revelation 17:1-6

"Come, I will show you the judgment of the great prostitute who is seated on many waters... The woman was arrayed in purple and scarlet, and adorned with gold and precious stones and pearls, holding in her hand a golden cup full of abominations and the impurities of her sexual immorality... And I saw the woman, drunk with the blood of the saints, the blood of the martyrs of Jesus."

Read Revelation 17:1-6 carefully. What stands out to you most about this woman?

Breaking Down the Imagery

Fill in what each symbol represents:

The Woman: _____

(Hint: Not a literal woman, but a system or institution)

Purple and Scarlet: _____

(Hint: Colors of royalty, wealth, and religious authority)

Golden Cup: _____

(Hint: Attractive container, but filled with what?)

Drunk with Blood: _____

(Hint: What does this say about how Babylon treats true believers?)

KEY DIFFERENCE:

Esau = INDIVIDUAL compromise (one person trading eternal for temporal)

Babylon = SYSTEMATIC corruption (institutional power structure persecuting truth)

How is Babylon's corruption more dangerous than Esau's compromise?

TOWER OF BABEL — BABYLON'S ORIGINS

Genesis 11:4

"Come, let us build ourselves a city and a tower with its top in the heavens, and let us make a name for ourselves, lest we be dispersed over the face of the whole earth."

What was Babel's goal according to Genesis 11:4?

Babylon's Core Motivations

1. **BUILD A TOWER** — Reach heaven by our own effort, not God's grace
2. **MAKE A NAME** — Seek our own glory, not God's glory
3. **STAY UNIFIED** — Maintain institutional power, resist God's command to scatter

How do you see these same motivations in modern religious institutions?

- Build a tower:** Works-based religion, earning salvation through performance
- Make a name:** Celebrity pastors, mega-churches focused on branding
- Stay unified:** Institutional control, "you must stay in our system to be saved"

Have you ever been taught that you need a specific church/denomination to be truly saved?

Daniel Refused Babylon's Cup

Daniel 1:8

"But Daniel resolved that he would not defile himself with the king's food, or with the wine that he drank. Therefore he asked the chief of the eunuchs to allow him not to defile himself."

What can we learn from Daniel's refusal to drink Babylon's offerings?

THE 3 Ps — BABYLON'S INSTITUTIONAL PURSUIT

Babylon is the systematic, institutional pursuit of the 3 Ps: POWER, POSITION, PROVISION

POWER

Control, authority, dominance

POSITION

Status, titles, hierarchy

PROVISION

Wealth, resources, buildings

Babylon builds systems that promise salvation through institutional participation rather than Christ alone.

Where do you see the 3 Ps operating in religious institutions?

POWER

What religious authorities claim power over your salvation or spiritual life?

POSITION

What hierarchies or titles have you seen valued more than humble service?

PROVISION

Have you seen churches/ministries more focused on buildings and budgets than the gospel?

REFLECTION QUESTION:

Am I participating in any Babylonian systems that pursue the 3 Ps instead of Jesus Christ?

REVELATION 18:4 — "COME OUT OF HER, MY PEOPLE"

Revelation 18:4

"Then I heard another voice from heaven saying, 'Come out of her, my people, lest you take part in her sins, lest you share in her plagues.'"

God commands His people to "come out of Babylon." What does this mean practically?

What are the consequences of staying in Babylon? (Check all that apply)

- Taking part in her sins (participating in institutional corruption)
- Sharing in her plagues (experiencing God's judgment on corrupt systems)
- Trusting systems instead of Christ alone
- Being spiritually drunk on Babylon's false teachings

Areas where I need to "come out of Babylon":

- Dependence on institutional approval for my salvation
- Loyalty to denominational tradition over Scripture
- Participation in systems that persecute true believers
- Following celebrity pastors instead of Jesus Christ
- Supporting ministries more focused on empire-building than gospel
- Other: _____

What specific action do I need to take to "come out" of Babylon?

THE TRINITY — REJECTED BY BABYLON

Babylon rejects the Trinity's work and substitutes institutional authority

THE FATHER: Babylon says "Submit to our authority, not God's"

THE SON: Babylon says "Trust our system, not Christ's finished work"

THE SPIRIT: Babylon says "Follow our traditions, not the Spirit's leading"

How does Babylon replace the Trinity with institutional power?

THE FATHER

Where have I been taught to trust human authority over God's Word?

THE SON

Where have I been taught that I need something PLUS Jesus for salvation?

THE SPIRIT

Where have I been taught to follow tradition over the Spirit's illumination of Scripture?

ACTS 4:12

"And there is salvation in no one else, for there is no other name under heaven given among men by which we must be saved."

YOUR DAMASCUS ROAD MOMENT

The Spirit is summoning you out of Babylon

What "scales" need to fall from YOUR eyes about Babylon?

What have I been blind to?

- I've been trusting institutions more than Jesus Christ
- I've been participating in corrupt systems
- I've been drinking from Babylon's golden cup
- I've been valuing tradition over Scripture
- I've been afraid to leave Babylon
- Other: _____

The Spirit is SUMMONING me to see:

COME OUT OF HER, MY PEOPLE

This is your Damascus Road moment.

My Damascus Road response:

What Babylonian system am I committing to LEAVE starting TODAY?

DAILY QUESTIONS - WEEK 3 PRACTICE

Answer these **FOUR** questions every day this week:

DAY 1 - Date: _____

1. Am I drinking from Babylon's cup today? _____
2. What institutions am I trusting instead of Christ? _____
3. Where do I need to "come out of Babylon"? _____
4. Am I trusting Jesus Christ alone for salvation? _____

DAY 2 - Date: _____

1. Am I drinking from Babylon's cup today? _____
2. What institutions am I trusting instead of Christ? _____
3. Where do I need to "come out of Babylon"? _____
4. Am I trusting Jesus Christ alone for salvation? _____

DAY 3 - Date: _____

1. Am I drinking from Babylon's cup today? _____
2. What institutions am I trusting instead of Christ? _____
3. Where do I need to "come out of Babylon"? _____
4. Am I trusting Jesus Christ alone for salvation? _____

DAY 4 - Date: _____

1. Am I drinking from Babylon's cup today? _____
2. What institutions am I trusting instead of Christ? _____
3. Where do I need to "come out of Babylon"? _____
4. Am I trusting Jesus Christ alone for salvation? _____

DAY 5 - Date: _____

1. Am I drinking from Babylon's cup today? _____
2. What institutions am I trusting instead of Christ? _____
3. Where do I need to "come out of Babylon"? _____
4. Am I trusting Jesus Christ alone for salvation? _____

MY DAMASCUS ROAD COMMITMENT

TODAY I COME OUT OF BABYLON

Today's Date: _____

I ACKNOWLEDGE:

- I've been drinking from Babylon's golden cup
- I've been trusting institutions more than Jesus Christ
- I've been participating in corrupt religious systems
- The Spirit is calling me to come out

I COMMIT TO:

- Come out of Babylon's systems
- Trust Jesus Christ alone for salvation
- Follow Scripture over institutional tradition
- Answer the four daily questions this week
- Refuse to participate in systems that persecute truth
- Be led by the Spirit, not human authority

MY SPECIFIC COMMITMENT:

Accountability partner: _____

Signature: _____ Date: _____

"Come out of her, my people, lest you take part in her sins"

- Revelation 18:4

EPISODE 4

RED THREAD

Jesus Christ's Cup

THE BLOOD OF REDEMPTION

This is the blood that SAVES.

After three episodes of destructive blood, we finally see redemptive blood.

ESAU'S STEW

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PERSONAL REFLECTION

Before You Begin

JESUS CHRIST'S QUESTION: "ARE YOU ABLE TO DRINK THE CUP?"

Matthew 26:39 - "My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will."

Before we begin, answer honestly:

Have you truly drunk from Jesus Christ's cup—trusting His blood alone for salvation—or have you been drinking from religious rituals, personal effort, or institutional membership?

Honest Assessment - Check where you are:

- I believe Jesus Christ's blood is sufficient, but I secretly think I need to add my works
- I trust church membership or religious performance more than Jesus Christ's sacrifice
- I'm not sure if I've ever truly placed my faith in Jesus Christ alone
- I have assurance of salvation through faith in Jesus Christ's blood alone
- I see evidence of the Holy Spirit's transformation in my life

Critical Question:

If you died today, on what basis would you expect to enter heaven? Write your honest answer:

If your answer includes anything besides "Jesus Christ's blood shed for me," you may never have truly drunk from His cup.

THE THREE BLOODS - WHICH HAVE YOU BEEN DRINKING?

After examining all three bloods in this series, now honestly identify where you've been placing your trust:

滴 ESAU'S BOWL (Compromise)

- I've traded spiritual birthright for temporary comfort or relief
- I compromise my faith when it costs too much to stay faithful
- I prioritize immediate needs over eternal inheritance

What compromise am I most tempted to make right now?

滴 BABYLON'S CUP (Corruption)

- I trust religious systems, rituals, or church membership for salvation
- I'm more concerned with looking spiritual than being transformed
- I've mixed Jesus Christ's blood with human traditions or works

What religious performance am I trusting instead of Jesus Christ alone?

† JESUS CHRIST'S CUP (Covenant)

- Jesus Christ's blood alone is my source of salvation—nothing added
- I trust His sacrifice, not my performance or religious affiliation
- The Holy Spirit bears witness that I am a child of God (Romans 8:16)
- I'm being transformed by the Spirit's power, not religious obligation

REFLECTION:

Which blood have you TRULY been drinking from? Be ruthlessly honest with yourself before God.

HEBREWS 9: THE PERFECT SACRIFICE

Read Hebrews 9:11-14 carefully, then work through this comparison:

OLD COVENANT

- Animal sacrifices (goats, bulls)
- Repeated constantly
- External cleansing only
- Temporary covering
- Shadow of the reality

NEW COVENANT

- Jesus Christ's blood
- Once for all (Hebrews 9:12)
- Internal transformation
- Eternal redemption
- The reality itself

Key Question from Hebrews 9:14:

How much more will the blood of Jesus Christ, who through the eternal Spirit offered himself without blemish to God, purify our conscience from dead works to serve the living God?

Personal Application:

What "dead works" am I trusting instead of Jesus Christ's living blood?

How does understanding "once for all" change how I view my salvation?

JOHN 19:30

"It is finished."

Not "it is started" or "it is almost done." FINISHED. Complete salvation accomplished.

Reflection Question:

Am I living like salvation is "finished" or am I trying to finish what Jesus Christ completed?

THE LAST SUPPER - THE CUP OF THE NEW COVENANT

MATTHEW 26:27-28

"And he took a cup, and when he had given thanks he gave it to them, saying, 'Drink of it, all of you, for this is my blood of the covenant, which is poured out for many for the forgiveness of sins.'"

LUKE 22:20

"This cup that is poured out for you is the new covenant in my blood."

The Cup Jesus Christ Drank - Gethsemane:

Jesus Christ knew the cup contained God's wrath against sin. Read these prayers carefully:

Matthew 26:39

"My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will."

Matthew 26:42

"My Father, if this cannot pass unless I drink it, your will be done."

Understanding the Exchange:

WE DESERVED:
God's Wrath



HE DESERVED:
God's Blessing

THE GREAT EXCHANGE

Jesus Christ drank the cup of wrath so we could drink the cup of blessing. He took what we deserved; we receive what He deserved.

Personal Reflection:

How does understanding what was IN the cup (God's wrath against MY sin) change how you view the cross?

Have you ever truly thanked Jesus Christ for drinking the cup you deserved?

JOHN 6 - WILL YOU ALSO GO AWAY?

JOHN 6:53-56

"So Jesus said to them, 'Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever feeds on my flesh and drinks my blood has eternal life... For my flesh is true food, and my blood is true drink.'"

Jesus Christ deliberately used offensive language. He wasn't trying to be unclear—He was testing their faith. This teaching was so hard that many disciples left.

JOHN 6:66

"After this many of his disciples turned back and no longer walked with him."

Three Responses to Jesus Christ's Hard Teaching:

ESAU'S RESPONSE: "Too Hard—I'll Find Something Easier"

When Jesus Christ's teaching demands too much, I compromise and look for an easier path.

This describes me sometimes

BABYLON'S RESPONSE: "I'll Mix It with Something More Palatable"

When Jesus Christ's teaching is offensive, I dilute it with human wisdom or religious tradition to make it more acceptable.

This describes me sometimes

PETER'S RESPONSE: "Where Else Would We Go?"

"Simon Peter answered him, 'Lord, to whom shall we go? You have the words of eternal life, and we have believed, and have come to know, that you are the Holy One of God.'" (John 6:67-69)

This is my heart's response

Personal Reflection:

When Jesus Christ's teaching is hard or costly, which response do I gravitate toward?

FIVE POWERS OF JESUS CHRIST'S BLOOD

Jesus Christ's blood doesn't just forgive—it transforms **EVERYTHING**. Examine each power and apply it personally:

1. CLEANSES

"The blood of Jesus his Son cleanses us from all sin" (1 John 1:7)

Personal Question:

What sin do I keep trying to cleanse myself from instead of trusting His blood?

2. REDEEMS

"In him we have redemption through his blood" (Ephesians 1:7)

Personal Question:

What area of my life am I treating as "unredeemable"?

3. GRANTS ACCESS

"We have confidence to enter the holy places by the blood of Jesus" (Hebrews 10:19)

Personal Question:

Do I approach God boldly through Jesus Christ's blood, or timidly through my performance?

4. SANCTIFIES

"Jesus also suffered... to sanctify the people through his own blood" (Hebrews 13:12)

Personal Question:

Am I trying to make myself holy, or trusting Jesus Christ's blood to sanctify me?

5. CONQUERS

"They have conquered him by the blood of the Lamb and by the word of their testimony" (Revelation 12:11)

Personal Question:

What spiritual battle am I trying to fight in my own strength instead of through Jesus Christ's blood?

Comprehensive Reflection:

Which of these five powers do I need to trust more fully right now?

THE TRINITY - UNIFIED WORK OF REDEMPTION

FATHER SENDS • SON SAVES • SPIRIT SUPPLIES

Three Persons working in perfect unity for your salvation

THE FATHER

- Plans salvation from eternity
- Sends the Son
- Accepts the sacrifice

"God so loved the world, that he gave his only Son" (John 3:16)

THE SON

- Offers Himself willingly
- Sheds His blood
- Accomplishes redemption

"Jesus Christ... loves us and has freed us from our sins by his blood" (Revelation 1:5)

THE SPIRIT

- Empowers the sacrifice
- Applies salvation
- Transforms believers

"Through the eternal Spirit offered himself" (Hebrews 9:14)

HEBREWS 9:14

"How much more will the blood of Jesus Christ, who through the eternal Spirit offered himself without blemish to God, purify our conscience from dead works to serve the living God."

Personal Application:

Do I thank the FATHER for planning my salvation?

Do I trust the SON's sacrifice as sufficient and complete?

Am I yielding to the SPIRIT's transforming power, or resisting it?

All three Persons of the Trinity worked together to save you. Your salvation is secure because it rests on the triune God, not your efforts.

JESUS CHRIST'S BLOOD & THE 3 Ps

Throughout this series, we've seen how the 3 Ps (POWER, POSITION, PROVISION) drive compromise and corruption. Jesus Christ's blood doesn't just forgive our misuse of the 3 Ps—it FULFILLS them rightly.

PROVISION

Jesus Christ IS our provision. He feeds us spiritually, sustains us eternally.

"I am the bread of life" (John 6:35)

POWER

Jesus Christ's blood gives us power over sin, death, and Satan.

"They conquered by the blood of the Lamb"
(Rev 12:11)

POSITION

Jesus Christ's blood grants us eternal position as children of God.

"To all who believed, he gave the right to become children of God" (John 1:12)

Personal Application:

Which of the 3 Ps am I still trying to secure through my own effort instead of receiving through Jesus Christ?

JESUS CHRIST'S BLOOD & THE PENDULUM

Breaking Free from the Pendulum

THE NARROW WAY:

Jesus Christ's blood takes you OFF the pendulum. Not salvation by works (legalism), not abuse of grace (license), but Spirit-led transformation through faith.

Reflection:

Which pendulum extreme am I swinging toward—legalism or license?

CLEARING UP FALSE TEACHING

What Jesus Christ's Blood IS NOT:

NOT just a moral example to follow
NOT merely symbolic or metaphorical
NOT dependent on your works to be effective
NOT insufficient—needing to be supplemented
NOT applied through ritual alone apart from faith

Check any false beliefs you've held:

- I thought Jesus Christ's blood was just His good example for me to follow
- I treated His sacrifice as merely symbolic, not actual payment for sin
- I believed I needed to add my works to make His blood effective
- I thought religious rituals automatically applied His blood without faith

What Jesus Christ's Blood IS:

- ✓ Sufficient and complete - "It is finished" (John 19:30)
- ✓ The ONLY basis for forgiveness (Acts 4:12)
- ✓ Applied by faith alone (Romans 3:25)
- ✓ Effectual for ALL who believe (Romans 5:9)
- ✓ The foundation for new life (2 Corinthians 5:17)

THE GOSPEL IN ONE SENTENCE:

Jesus Christ's blood is the ONLY means of salvation, applied by FAITH alone, resulting in TRANSFORMATION. Nothing added (works), nothing mixed (Babylon), nothing traded (Esau)—just Jesus Christ's perfect sacrifice received by faith.

Personal Commitment:

Will you reject all false teaching and trust Jesus Christ's blood alone? Write your commitment:

DAMASCUS ROAD APPLICATION

This entire series has been building to this question: WHOSE BLOOD ARE YOU DRINKING?

Now that you've examined all three bloods—Esau's compromise, Babylon's corruption, and Jesus Christ's redemption—it's time for honest self-examination.

● STOP - Examine Your Faith

Critical Question:

Have I truly placed my faith in Jesus Christ's blood ALONE, or am I trusting in something else—my works, my church membership, my religious performance?

Honest Assessment:

If you died today, on what basis would you expect to enter heaven?

If your answer includes ANYTHING other than "Jesus Christ's blood shed for me," you haven't truly drunk from His cup.

2 CORINTHIANS 13:5

"Examine yourselves, to see whether you are in the faith. Test yourselves."

What this examination reveals:

- I realize I've been trusting religion, not redemption
- I've been mixing Jesus Christ's blood with my own works
- I need to place genuine faith in Jesus Christ for the first time
- I have assurance—I'm trusting Jesus Christ's blood alone

• LOOK - Recognize the Difference

Can you distinguish between religion and redemption?

Between superficial Christianity and authentic faith?

Signs of Authentic Faith:

- You trust Jesus Christ's blood ALONE, not Jesus Christ + your efforts
- The Holy Spirit is transforming you—you hear His inner witness and see His fruit
- You have assurance of salvation through the Spirit's witness (Romans 8:16)
- You love Jesus Christ more than comfort, position, or cultural acceptance
- You're willing to drink from His cup even when it costs everything

MATTHEW 7:16

"You will recognize them by their fruits."

Personal Inventory:

What fruit of the Spirit is growing in my life as evidence of genuine faith?

What areas show I'm still trusting performance over Jesus Christ's blood?

Am I willing to be honest about where I actually am spiritually, or am I hiding behind religious appearances?

True faith in Jesus Christ's blood produces transformation. If there's no change, there may be no genuine faith.

LISTEN - Hear the Spirit's Summons

Is the Holy Spirit convicting you right now?

That you need genuine salvation, not just religious affiliation?

If the Spirit is summoning you—if you realize you've been drinking from Esau's bowl or Babylon's cup but never truly Jesus Christ's blood—RESPOND.

Cry out to God for genuine salvation.

THE GOSPEL:

- You are a sinner, deserving God's wrath (Romans 3:23, 6:23)
- Jesus Christ died in your place, bearing that wrath (2 Corinthians 5:21)
- His blood alone can cleanse you (1 John 1:7)
- Salvation is by grace through faith in Him (Ephesians 2:8-9)
- Repent and believe the gospel (Mark 1:15)

ROMANS 10:13

"Everyone who calls on the name of the Lord will be saved."

Your Response:

What is the Holy Spirit saying to you right now?

If you're placing your faith in Jesus Christ's blood for the first time, or renewing genuine faith after years of religion, write a prayer to God expressing this:

If you prayed in genuine faith just now:

You have been saved by Jesus Christ's blood. Not because of this prayer, but because of His sacrifice received by faith. Welcome to the family of God.

LIVE - Walk in the New Covenant

If you've truly drunk from Jesus Christ's cup, is your life showing the transformation His blood produces?

Living Out the New Covenant Means:

- Walking by the Spirit, not flesh (Galatians 5:16)
- Refusing to compromise like Esau
- Coming out of Babylon's corrupt systems
- Living from gratitude for Jesus Christ's sacrifice, not religious obligation
- Bearing witness to the gospel boldly, even when costly

GALATIANS 2:20

"I have been crucified with Jesus Christ. It is no longer I who live, but Jesus Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me."

Practical Life Application:

What specific compromise (Esau's bowl) do I need to reject this week?

What corrupt religious system or tradition (Babylon's cup) do I need to come out of?

How will I live differently this week because Jesus Christ's blood has saved me?

Who needs to hear the gospel from me this week?

7-DAY ACTION PLAN - LIVING FROM THE CUP

This week, put into practice what Jesus Christ's blood has accomplished. Each day, complete one action that flows from redemption, not religion.

DAY 1: GRATITUDE FOR THE CUP

Spend 15 minutes thanking Jesus Christ for drinking the cup of wrath in your place.

DAY 2: CONFESS FALSE TRUST

Identify one area where you've been trusting your performance instead of Jesus Christ's blood:

DAY 3: BOLDNESS IN ACCESS

Approach God boldly through Jesus Christ's blood (Hebrews 10:19). What did you bring to the Father?

DAY 4: SHARE THE GOSPEL

Tell someone about Jesus Christ's blood. Who did you share with and what was their response?

DAY 5: REJECT COMPROMISE

Where were you tempted to compromise (Esau's bowl) today, and how did you resist?

DAY 6: COME OUT OF BABYLON

What religious tradition did you walk away from because it competed with Jesus Christ?

DAY 7: LIVE THE TRANSFORMATION

What evidence of the Holy Spirit's transformation did you see in your life this week?

MY COMMITMENT - DRINKING FROM JESUS CHRIST'S CUP

After examining all three bloods—Esau's compromise, Babylon's corruption, and Jesus Christ's redemption—I am making a commitment before God.

MY COVENANT DECLARATION

I, _____, declare before God and with the help of the Holy Spirit:

- I reject Esau's bowl—I will not trade my spiritual birthright for temporary comfort
- I reject Babylon's cup—I will not mix Jesus Christ's blood with human tradition or religious performance
- I embrace Jesus Christ's cup—I trust His blood ALONE for my salvation, nothing added, nothing mixed, nothing traded
- I commit to living out the transformation His blood produces, walking by the Spirit, not the flesh

Signature: _____

Date: _____

REVELATION 12:11

"And they have conquered him by the blood of the Lamb and by the word of their testimony, for they loved not their lives even unto death."

May you drink deeply from Jesus Christ's cup and live transformed by His blood.

WHAT'S NEXT?

Continue your journey at onetruelight.org

Join us for Episode 5: The Choice—bringing it all together

Connect with One True Light Ministries for ongoing discipleship

EPISODE 5

RED THREAD

The Choice

WHAT BLOOD WILL YOU CHOOSE?

*This is your Damascus Road moment.
The choice before you is eternal. Choose wisely.*

ESAU'S STEW

Compromise

BABYLON'S CUP

Corruption

JESUS CHRIST

Covenant

ONE TRUE LIGHT MINISTRIES

Calling believers to authentic faith

onetruelight.org

PERSONAL REFLECTION

Where Do You Stand Right Now?

THE MOMENT OF DECISION

After Episodes 1-4, what blood do you think you've been drinking?

Honest self-examination - Check the box that applies:

- I'm not sure I'm truly saved. I've been religious, but never genuinely born again.
- I'm saved, but drinking Esau's blood. I've been compromising, claiming grace while living in sin.
- I'm saved, but drinking Babylon's blood. I've been trusting institutional systems, not Jesus Christ alone.
- I'm drinking from Jesus Christ's cup. I'm trusting Him alone and walking by the Spirit.
- I'm stuck on the pendulum. I swing between license and legalism instead of walking the narrow way.

What scares you most about choosing Jesus Christ's blood completely?

What excites you most about choosing Jesus Christ's blood completely?

THE THREE BLOODS - FINAL REVIEW

Let's review what we've learned about each blood. Fill in what you remember:

■ ESAU'S BLOOD: Compromise

What does Esau's blood represent?

Key Scripture: Hebrews 12:16-17

What did Esau trade? _____

What did he receive? _____

How does Esau's blood relate to the 3 Ps?

• Power: _____

• Position: _____

• Provision: _____

■ BABYLON'S BLOOD: Corruption

What does Babylon's blood represent?

Key Scripture: Revelation 17:4-6

What was Babylon drunk with? _____

How does Babylon's blood relate to the 3 Ps?

• Power: _____

• Position: _____

• Provision: _____

† JESUS CHRIST'S BLOOD: Redemption

What does Jesus Christ's blood accomplish?

Key Scripture: Hebrews 9:14

Jesus Christ's blood cleanses us from: _____

So that we may: _____

How does Jesus Christ's blood relate to the 3 Ps?

- Power: _____
- Position: _____
- Provision: _____

THE TRIUNE GOD'S INVITATION

THE FATHER, SON, AND SPIRIT IN YOUR SALVATION

The Father

The Father _____

Scripture: John 3:16

What does this mean for me?

The Son

The Son _____

Scripture: Hebrews 9:12

What does this mean for me?

The Spirit

The Spirit _____

Scripture: Titus 3:5

What does this mean for me?

How does each blood relate to the Trinity?

Esau's blood _____ the Trinity

Babylon's blood _____ the Trinity

Jesus Christ's blood _____ the Trinity

PERSONAL APPLICATION:

Am I receiving the WHOLE God—Father, Son, and Holy Spirit—or am I trying to pick and choose?

THE HOLY SPIRIT'S WORK IN MY LIFE

The Spirit's Three "S" Works

1. SUMMONING — The Spirit Calls You

Read John 16:8 — What does the Spirit convict the world of?

Is the Spirit convicting me of sin right now?

- Yes, I feel His conviction about: _____
- No, I don't sense conviction (Be honest—could you be suppressing Him?)

WARNING:

You can resist the Spirit's summoning. Persistent rejection of His conviction is dangerous.

2. SEALING — The Spirit Secures You

Read Ephesians 1:13-14 — What does it mean to be "sealed" by the Spirit?

Have I been sealed by the Holy Spirit?

- Yes, I KNOW I'm born again and sealed by the Spirit
- I hope so, but I'm not sure
- No, I don't think I've ever been genuinely born again

If you're unsure, what's holding you back from trusting Jesus Christ RIGHT NOW?

3. SUPPLYING — The Spirit Sanctifies You

Read Galatians 5:16-17 — What does it mean to "walk by the Spirit"?

Am I walking by the Spirit or by the flesh?

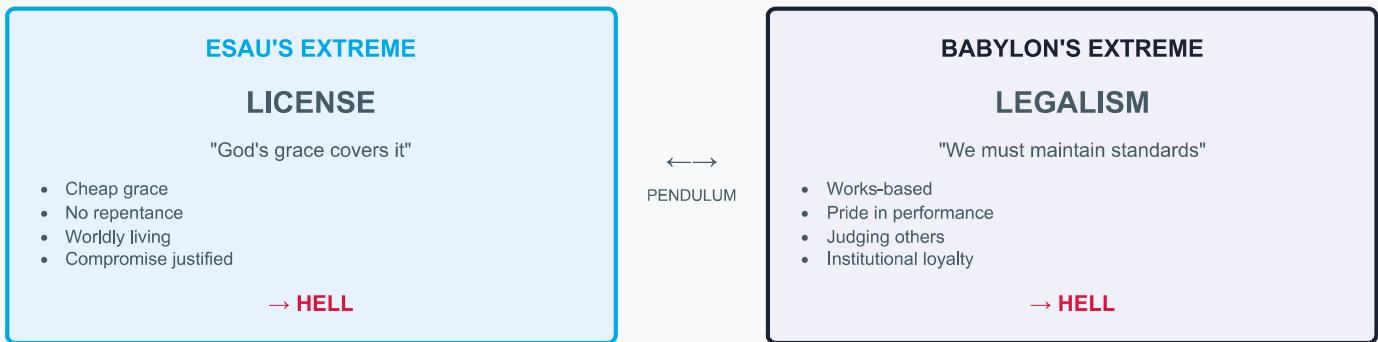
Rate your current walk (1 = flesh-driven, 10 = Spirit-led):

1	2	3	4	5	6	7	8	9	10
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What evidence of the Spirit's fruit do I see in my life? (Galatians 5:22-23)

THE PENDULUM — WHERE AM I?

The Pendulum vs. The Narrow Way



Where am I on this diagram?

- I'm on the LICENSE side (Esau's extreme)
- I'm on the LEGALISM side (Babylon's extreme)
- I'm swinging between both extremes
- I'm walking the narrow way with Jesus Christ

What will it cost me to get OFF the pendulum?

What will it cost me to STAY on the pendulum?

YOUR DAMASCUS ROAD MOMENT

Acts 9:4-6

"Saul, Saul, why are you persecuting me?" And he said, "Who are you, Lord?" And he said, "I am Jesus, whom you are persecuting."

"CHURCH, CHURCH, WHY ARE YOU PERSECUTING ME?"

When you compromise with Esau, you persecute Jesus Christ. When you corrupt with Babylon, you persecute Jesus Christ. When you swing on the pendulum, you persecute Jesus Christ.

STOP — LOOK — LISTEN — LIVE

STOP — Arrested by the Spirit

The Spirit STOPS you in your tracks. You can't keep going the way you've been going.

What do I need to STOP?

- Stop defending my compromise
- Stop building my religious tower
- Stop swinging on the pendulum
- Stop pretending I'm okay
- Stop running from God

What specific behavior/attitude/sin is the Spirit telling me to STOP right now?

LOOK — See Jesus Christ Clearly

Once stopped, you LOOK and see Jesus for who He really is—not who you've made Him to be.

Complete this sentence: When I look at Jesus, I see...

What have I been trusting INSTEAD of Jesus Christ's blood?

- My works
- My church membership
- My religious performance
- My theological knowledge
- My family heritage
- Other: _____

LISTEN — Hear His Voice

Now that you've stopped and looked, you must LISTEN to what Jesus Christ commands. This is the moment of surrender.

What is Jesus saying to me right now?

Circle what you hear the Spirit saying:

- You need genuine salvation, not just religious affiliation
- You need to repent of specific sins
- You need to get off the pendulum
- You need to come out of Babylon's system
- You need to stop compromising like Esau
- You need to surrender ALL to Jesus Christ (Power, Position, Provision)
- Other: _____

LIVE — Walk in New Life

True Damascus Road conversion results in LIVING differently. Not just believing differently—LIVING differently.

If I choose Jesus Christ's blood today, what will change in my life?

List specific, concrete changes:

1. _____
2. _____
3. _____
4. _____
5. _____

When will I start living differently?

TODAY. I'm making the choice right now.

I'm not ready yet. (Be honest—why not?) _____

CRITICAL QUESTION:

If you died tonight, on what basis would you expect to enter heaven?

THE GOSPEL IN FOUR TRUTHS

If You Need to Be Saved

If the Spirit is summoning you—if you realize you've never truly been born again—here is the gospel:

TRUTH #1: You Are a Sinner

Romans 3:23

"For all have sinned and fall short of the glory of God"

Write it in your own words: I am a sinner because...

TRUTH #2: Sin Deserves Death

Romans 6:23

"For the wages of sin is death"

What I deserve for my sin:

TRUTH #3: Jesus Christ Died in Your Place

Romans 5:8

"But God shows his love for us in that while we were still sinners, Jesus Christ died for us"

What Jesus did for me:

TRUTH #4: You Must Repent and Believe

Mark 1:15

"Repent and believe in the gospel"

What repentance means to me:

What faith means to me:

MY DECISION

PRAYER OF SURRENDER

"Father, I confess I am a sinner. I have lived for myself, not for You. I have drunk from Esau's bowl and Babylon's cup. I deserve Your judgment."

But I believe Jesus Christ died for my sins and rose again. I trust in His blood alone for my salvation. I cannot save myself.

I surrender to You now—all my power, position, and provision. I surrender my life completely. Be my Lord, not just my Savior.

Holy Spirit, regenerate me. Seal me. Transform me. I choose Jesus Christ's blood. I step off the pendulum. I walk the narrow way.

I am Yours. Make me new. In Jesus' name, Amen."

Did you pray this prayer in genuine faith?

- YES — I prayed this and meant it. Today I choose Jesus Christ's blood.
- YES, FOR THE FIRST TIME — I've been born again today!
- YES, AS RECOMMITMENT — I'm getting off the pendulum.
- Not yet. I need more time.

If you chose Jesus Christ today, sign and date your commitment:

Signature: _____

Date: _____

IF YOU PRAYED THIS PRAYER IN FAITH:

- Tell someone today (Romans 10:9-10)
- Be baptized as soon as possible (Matthew 28:19)
- Find biblical community (Hebrews 10:25)
- Read God's Word daily (2 Timothy 3:16-17)
- Walk by the Spirit (Galatians 5:16)

2 Corinthians 5:17

"Therefore, if anyone is in Jesus Christ, he is a new creation. The old has passed away; behold, the new has come."

DAILY QUESTIONS — LIVING THE CHOICE

Now that you've made your choice, use these four questions DAILY to stay on the narrow way:

Day 1 — Date: _____

1. Is the Father drawing me through His Spirit to His Son today?

2. Do I rest in the Father's guarantee through the Son's blood applied by His Spirit?

3. Am I being conformed to the Son's image by the Spirit for the Father's glory?

4. Am I drinking from Jesus Christ's cup alone, empowered by His Spirit, for the Father's glory?

Day 2 — Date: _____

1. Is the Father drawing me through His Spirit to His Son today?

2. Do I rest in the Father's guarantee through the Son's blood applied by His Spirit?

3. Am I being conformed to the Son's image by the Spirit for the Father's glory?

4. Am I drinking from Jesus Christ's cup alone, empowered by His Spirit, for the Father's glory?

Day 3 — Date: _____

1. Is the Father drawing me through His Spirit to His Son today?

2. Do I rest in the Father's guarantee through the Son's blood applied by His Spirit?

3. Am I being conformed to the Son's image by the Spirit for the Father's glory?

4. Am I drinking from Jesus Christ's cup alone, empowered by His Spirit, for the Father's glory?

Day 4 — Date: _____

1. Is the Father drawing me through His Spirit to His Son today?

2. Do I rest in the Father's guarantee through the Son's blood applied by His Spirit?

3. Am I being conformed to the Son's image by the Spirit for the Father's glory?

4. Am I drinking from Jesus Christ's cup alone, empowered by His Spirit, for the Father's glory?

Day 5 — Date: _____

1. Is the Father drawing me through His Spirit to His Son today?

2. Do I rest in the Father's guarantee through the Son's blood applied by His Spirit?

3. Am I being conformed to the Son's image by the Spirit for the Father's glory?

4. Am I drinking from Jesus Christ's cup alone, empowered by His Spirit, for the Father's glory?

Day 6 — Date: _____

1. Is the Father drawing me through His Spirit to His Son today?

2. Do I rest in the Father's guarantee through the Son's blood applied by His Spirit?

3. Am I being conformed to the Son's image by the Spirit for the Father's glory?

4. Am I drinking from Jesus Christ's cup alone, empowered by His Spirit, for the Father's glory?

Day 7 — Date: _____

1. Is the Father drawing me through His Spirit to His Son today?

2. Do I rest in the Father's guarantee through the Son's blood applied by His Spirit?

3. Am I being conformed to the Son's image by the Spirit for the Father's glory?

4. Am I drinking from Jesus Christ's cup alone, empowered by His Spirit, for the Father's glory?

FINAL REFLECTION — THE RED THREAD COMPLETED

Galatians 2:20

"I have been crucified with Jesus Christ. It is no longer I who live, but Jesus Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me."

Looking back on the entire RED Thread series, what has God shown you?

What is the biggest change you need to make after this series?

What will you do THIS WEEK to live out your choice?

Monday: _____

Tuesday: _____

Wednesday: _____

Thursday: _____

Friday: _____

Saturday: _____

Sunday: _____

MY COMMITMENT TO THE NARROW WAY

I choose Jesus Christ's blood. I step off the pendulum. I walk the narrow way.

I die to self. I live to Jesus Christ. I am being transformed.

I commit to walking with Jesus in the power of the Holy Spirit, for the glory of the Father.

Name: _____

Date: _____

ONE TRUE LIGHT MINISTRIES

Calling believers to authentic faith

onetruelight.org

"Church, church, why are you persecuting me?"

THE RED THREAD SERIES

Episode 1: Esau's Blood - The Compromise

Episode 2: Babylon's Blood - The Corruption

Episode 3: Jesus Christ's Blood - The Covenant

Episode 4: The Pendulum Effect

Episode 5: The Choice

"Enter by the narrow gate. For the gate is wide and the way is easy that leads to destruction, and those who enter by it are many. For the gate is narrow and the way is hard that leads to life, and those who find it are few."

— Matthew 7:13-14